

## 2024 INTERNATIONAL PLAYER PERFORMANCE CAMP AT UCF

TIME	SUNDAY (6/23)	MONDAY (6/24)	TUESDAY (6/25)	WEDNESDAY (6/26)
8:30 am		Commuter Camper Check In	Commuter Camper Check In	Commuter Camper Check In
9:00 am		FIELD SESSION Change of Direction Moves, 1v1, 2v2, 4v4 exercises	FIELD SESSION Stop Start Moves applied in group play for quick passing	FIELD SESSION Moves Review 5v5 Coerver Cup Championship
				Closing Ceremony
12:00 pm	1st Day Resident Camper CHECK-IN	LUNCH	LUNCH	CAMP CHECK OUT
1:00 pm	1st Day Commuter Camper CHECK-IN	1pm-4pm FUTSAL GAMES	1pm-4pm FUTSAL GAMES	
2:00 pm	FIELD SESSION 5v5 Games for warm up  Attacking Moves to create goal scoring opportunities	4pm-4:45 pm  FIELD SESSION Defending to WIN! Pressing to win the ball for quick transition	4pm-4:45 pm  FIELD SESSION Group Play - your role	
5:00pm	DINNER	DINNER	DINNER	
6:00pm	FIELD SESSION 5v5 Tournament	FIELD SESSION  WORLD CUP 5v5 Tournament	FIELD SESSION  WORLD CUP 5v5 Tournament	
8:00 pm	Commuter Camper CHECK OUT	Commuter Camper CHECK OUT	Commuter Camper CHECK OUT	
9:00pm	Resident Camper Soccer Tennis Festival	Resident Camper Movie Night	Resident Camper Pizza Party	